

# GUIDE TO YOUR CARE TEAM

## What is the Care Team?

Care Teams are the main support system within the Verto community. Care Teams meet together in smaller groups of around 30-35 students and model Verto's core values: sharing **compassion** and **vulnerability** with each other, helping you take **responsibility** for your experiences, and ultimately guiding you towards **transformation** within Verto and beyond.



## Who is in the Care Team?

### Student Success Advisors (SSAs):

- Help students with academics throughout the semester
- Guide students through co-curricular activities
- Support habits that will serve students throughout college and life
- Provide logistical and social-emotional support and mentorship
- Provide 1:1 check-ins and goal setting sessions throughout the experience

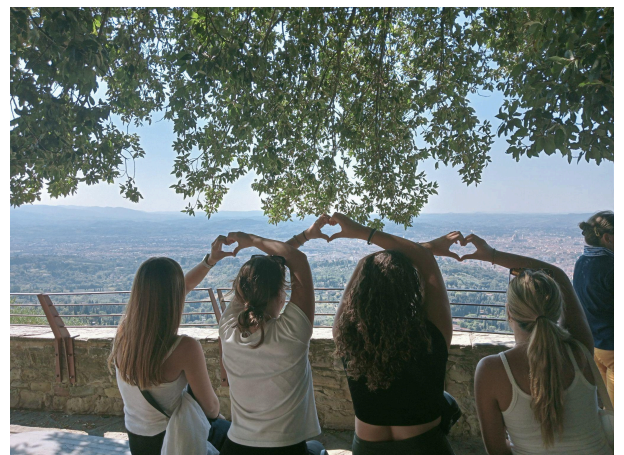
### Verto Participants

- Engage in small group discussions
- Lead warm-up questions and closing sessions
- Treat each other with compassion and contribute to a supportive community

## When will Care Teams meet?

Care Teams meet at multiple points during the semester and we expect all Vertoans to participate. Our community building works when everyone contributes what they can to the experience.

### Pre-Departure:



- Attend your Care Team Circle to meet your team and participate in an activity to get to know each other and break the ice.

### **Discovery Week:**

- There will be multiple Care Team Circles during Discovery Week, the first week on-site. You will create your Care Team name, shared values, and grow together as a team.

### **During First Six Weeks:**

- You'll meet together at least four times during the first six weeks. This will be a space where you can share about your experience, build a welcoming and supportive community environment, learn new skills, and have fun.

### **During Closing Ceremony:**

- Wrap up your experience with your Care Team. Expect friendly competitions, reflections, and a graduation ceremony to officially recognize your achievement!

